The Movement 2025 Summer Schedule - updated 4/21/25																				
Day	Room		4:45	5:00	5:15	5:30	5:45	6:00	6:15	6:30	6:45	7:00	7:15	7:30	7:45	8:00	8:15	8:30	8:45	
TUESDAYS	Α			ADAPTIVE MOVEMENT 5:00-5:30PM		BALLET + JAZZ COMBO AGE 5-7 5:30-6:15PM			BALLET + JAZZ COMBO AGE 8-12 6:15-7:00PM				STUDENT CHOREOGRAPHY 7:15-8:00PM			COND.			EXTRA L&T - TN/ SR 8:30-9:00PM	
	В			BALLET+JAZZ COMBO AGE 2-4 5:00-5:30PM		PETITE/ JUNIOR JAZZ TECH 5:30-6:30PM			CH	PETITE / JR COMBO 6:30-7:00PM			FAITH W		- BARRE ORK 3:15PM	RK PILATES 8:15-9:00F		М		
	C				TE	•	N / SENIOR JAZZ TECH 5:00-6:30PM			TEEN / SENIOR COMBO 6:30-7:15PM			DANCE TEAM -TECHNIQUE AND POM 7:15-8:45PM							
WEDNESDAYS	A			PETITE / JUNIOR FLEX 5:00-5:30PM		TEEN / SR FLEX 5:30-6:15PM			TEEN / SENIOR FLEX 6:15-7:00PM				NI HIP HOP EXTR. 7:30-8		STRENGTH & COND :00PM 8:00-8:30PM					
	В			PRINCESS BALLET 5:00-5:30PM		PETITE / JUNIOR L&T + BALLET 5:30-6:15PM			TEEN / SR L&T 6:15-7:00PM			TEEN / SR L&T 7:00-7:45PM		WORK I		&T - TN/ SR 5-8:45				
	С			CTUMBLE 5:15PM	-	AND ME MINI / REC TUMBLE :45PM 5:45-6:15PM		2ND-5TH GRADE TUMBLE 6:15-7:00PM			6TH-7TH GRADE TUMBLE 7:00-7:45PM			8TH-12TH GRADE TUMBLE 7:45-8:30PM			STRENGTH & COND 8:30-9:00			

- Classes highlighted in PINK are FREE! Please see class descriptions for an outline of these classes and all other classes! To register online for Adaptive Movement and Moving Through Faith... please look for the season labeled specifically for those classes ©
- Classes highlighted in ORANGE are great options for recreational dancers! Please see class descriptions for a detailed outline of each class ©
- Classes highlighted in GRAY are required classes for our continuing Company dancers, and are also great options for dancers interested in our competitive Company! ©
- Classes in WHITE are open to all dancers and great extra class options for competitive dancers and hopefuls ©

- Summer classes are an 8 week session on Tuesdays and Wednesdays—beginning July 1st and going through August 27th with a 1 week break in the middle for Company Auditions on August 4th − 7th, 2025. There is also a FREE week before the session officially starts! Classes on June 17th and 18th will be this schedule and will be FREE for all enrolled for summer! If you are looking to try out classes at The Movement, please come on June 17th and 18th to try it for FREE as well ⊕
- Please see the 2025 Summer Tuition Scale for pricing Summer tuition can be paid in full at enrollment, or broken down into 2 payments. First payment is due at the time of enrollment / 2nd payment is due by Wednesday, July 30th. Your dancers spot in class will not be reserved until your first payment is made ©
- Veteran Movement Company Dancers are required to take 4 summer classes Jazz Tech / Leaps and Turns (L&T) / Flexibility / Combo during the summer. Required Company classes are highlighted in GRAY.
- The Summer schedule includes a few extra class options for Company dancers Those classes are optional are in white and would be in addition to the required classes if you choose to add those. ©
- GROUPS (Petite / Junior / Preteen / Teen / Senior) stay the same for the Summer as they were for the Fall / Spring of 2023-2024. For TUMBLING classes in summer.... Those detailed grades are decided on based on class sizes from those who typically tumble and are outlined for the grade that a dancer is GOING INTO next year. So, if a dancer is going into 8th grade next year, they will enroll in the 7:45pm tumbling class. Also, based on this, it will determine which flex and leaps and turns class our Company dancers take. If you do not take tumbling, you can choose from the available options for your age group for Leaps and Turns and Flexibility class. If you DO take tumbling, first choose your correct tumbling class, THEN choose your flex and leaps and turns classes from there ©
- ALSO, if you would like to take classes in the older or younger class from yours, you are welcome to do that in the summer, as long as those class times do not interfere with your required group classes. If only a part of an older class interferes with your required class, you have the option to join that class for the time you are able.
- If you are interested in our Competitive Company, but concerned about the commitment... please check out our Mini Movers AND Mighty Movers flyer!