

The Movement 2022-2023 Fall/Spring Recreational Class Descriptions

Class	Attire for Class	Class Pre-Requisites	Shoes for Class	General Description	Recital Routines	Recital Costuming
Combo Age 2/3	Any of the following is acceptable: leotard, tights, tanks, athletic shorts, leggings... anything the dancer can move freely in. NO JEANS. Hair must be pulled back into a ponytail or bun. No big jewelry or accessories	No Pre-Requisites	Tan tap shoes; AND pink ballet shoes OR tan jazz shoes	This class is intended for the young dancer to learn the basic dance styles of Tap and Jazz.	Will perform 1 routine at recital.	Dancers will perform in professional costumes for their recital routine(s). Specific color tights and shoes will be required.
Combo Age 4/5, 6/7, 8-12					Will perform 2 routines at recital, 1 tap and 1 jazz	
Tumbling	Any of the following is acceptable: leotard, tights, tanks, athletic shorts, leggings... anything the dancer can move freely in. NO JEANS. Hair must be pulled back into a ponytail or bun. No big jewelry or accessories	Any levels of tumblers are welcome! If you are interested in tumbling at our studio, please speak to our staff for a trial class option. From there, our staff will place your tumbler in the appropriate class.	Dancers should be barefoot for tumbling class	This class focuses on tumbling skills, flexibility and strength in relation to dance and tumbling.	1 Tumbling routine	Tumbling attire for recital is TBD.
Princess Ballet	Any color leotard and any color tights. Hair must be pulled back in a tight bun. No big jewelry or accessories.	No Pre-Requisites	Pink ballet shoes or pirouettes.	Come learn to dance like a Princess Ballerina using fun props, while learning the basics of classical Ballet.	1 Ballet Routine	Dancers will perform in professional costumes for their recital routine. Specific tights and shoes will be required.
Mini HH	Any of the following is acceptable: leotard, tights, tanks, athletic shorts, leggings... anything the dancer can move freely in. NO JEANS. Hair must be pulled back into a ponytail or bun. No big jewelry or accessories. Tights are NOT required.	No Pre-Requisites	Tennis Shoes	This class will focus on hip hop skills and combinations.	1 Hip Hop Routine	Dancers will perform in professional costumes for their recital routine. Specific tights and shoes will be required.
Rec Teen Jazz Tech	Any of the following is acceptable: leotard, tights, tanks, athletic shorts, leggings... anything the dancer can move freely in. NO JEANS. Hair must be pulled back into a ponytail or bun. No big jewelry or accessories. Tights are NOT required.	No Pre-Requisites	Tan Jazz Shoes for recital / any color jazz shoes for class	This class will teach the fundamentals of jazz as well as push the dancer to learn difficult leaps and turns, etc. The skills taught in the class will be a challenge for the most advanced dancer in each class.	1 Jazz Routine	Dancers will perform in professional costumes for their recital routine. Specific tights and shoes will be required.
Adaptive Movement	Any attire is acceptable	No Pre-Requisites	Any comfortable shoes	This dance class is specially designed for dancers with physical and/or developmental disabilities to experience the joy dance brings into ones life. The differentiated curriculum will focus on individual abilities, work to foster a love of dance and confidence in each individual, and provide them an opportunity to express themselves through dancing, while building relationships with others.	1 Recital Routine	TBD

Jazz Technique / Leaps and Turns	Any of the following is acceptable: leotard, tights, tanks, athletic shorts, leggings... anything the dancer can move freely in. NO JEANS. Hair must be pulled back into a ponytail or bun. No big jewelry or accessories. Tights are NOT required.	Company Dancers	Any style of jazz shoes is acceptable for class	Students will be placed in the appropriate level based on teacher recommendation. This class will teach the fundamentals of jazz as well as push the dancer to learn difficult leaps and turns, etc. The skills taught in the class will be a challenge for the most advanced dancer in each class.	No Recital Routine	N/A
Ballet - All levels	Any color leotard and any color tights. Hair must be pulled back in a tight bun. No big jewelry or accessories.	Company Dancers	Ballet shoes or pirouettes	This class is structured to teach dancers the terminology and skills of classical ballet.	No Recital Routine	N/A
Adaptive Movement	Any attire is acceptable	No Pre-Requisites	Any comfortable shoes	This dance class is specially designed for dancers with physical and/or developmental disabilities to experience the joy dance brings into ones life. The differentiated curriculum will focus on individual abilities, work to foster a love of dance and confidence in each individual, and provide them an opportunity to express themselves through dancing, while building relationships with others.	1 Recital Routine	TBD